# **Understanding the NDIS: A Quick Guide**

The NDIS provides personalised funding to help Australians with disability achieve their goals and live independently.

## **Key benefits**

* **Choice and control:** Flexible funding for preferred providers.
* **Individualised support:** Plans based on personal goals.
* **Community inclusion:** Encourages participation in education, work and social activities.

## **Types of support available**

The NDIS can fund assistive technology, home modifications, support workers therapy, job support, recreation and transport costs.

## **The application process**

The NDIS process starts with an eligibility application. After approval, a meeting with an NDIS contact reviews needs and goals, followed by a Plan Meeting with the NDIA to finalise the plan. Plans are reviewed annually to meet evolving needs.

## **Eligibility criteria**

To access the NDIS, participants will need to:

* Have a permanent disability that significantly impacts everyday activities,
* Be under 65 years of age when you first enter the NDIS,
* Be an Australian citizen, permanent visa holder or Protected Special Category Visa.

## **Reach out for more support**

The NDIS team can help with program guidance, resources, and applications. Visit [ndis.gov.au](https://www.ndis.gov.au/) or call 1800 800 110 to begin the process today.